ON TOUR NOW

AUTIN
DANCE THEATRE

ZIG ZAG!

Trailer



Zig Zag!

AUTIN DANCE THEATRE



Zig Zag! is a light-hearted, non-verbal dance-theatre duet where two performers turn simple objects — dozens of wooden reels — into a living landscape of choices. The reels roll, stack and scatter as obstacles, tools and meeting points. As lines are drawn and redrawn, they move from chaos to calm, connection to division, learning when to pause, repair and try again.

Designed for families and mixed-age crowds (recommended 5+), the show blends crisp physical comedy, crafted object manipulations, and moments of partner acrobatics. It reads clearly at a distance with bold images, rhythmic pacing and audience-friendly beats: quick "this/that" prompts, echo-claps and blink-and-smile reveals. Portable, low/no-power and relaxed in tone, Zig Zag! suits village greens, high streets and school playgrounds. It's a feel-good invitation to collaborate — to build, unbuild and build again — and to notice how small choices can shift the whole picture.



AUTIN
DANCE THEATRE

Artistic Director/Choreographer: Johnny Autin

Senior Producer: Annalise McIntyre

Learning & Participation Coordinator: Natasha Boyes

Technical Production Manager: Jamie Higgins

Music: Tom Haines

Rehearsal Director: Eleanor Stephenson

Performers: Angharad Jones Young, Mitchell Davis, Hannah Woodlife & Charlie Hogan


ZIG ZAG!
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Angharad Jones-Young

Angharad is a contemporary dancer, performer and teacher from Snowdonia, North Wales. She trained at the Northern School of Contemporary Dance, graduating in 2021 with First Class Honours. She went on to join National Dance Company Wales as an apprentice, touring works by leading choreographers, before becoming a company dancer with ACE dance & music, performing nationally and internationally. Since 2024, Angharad has worked freelance with companies including Ransack Dance Company, Keneish Dance and Ascension Dance. Alongside performing, she is a passionate teacher, delivering classes for organisations such as Performers College, British Ballet Organisation and Dance Collective CIC.

@angharadjonesyoungdance



Mitchell Davis

Mitchell Davis is a contemporary dance artist based in London. They first discovered dance through a Balletboyz workshop at school, where the blend of athleticism and artistry immediately captivated them. Mitchell trained at Trinity Laban and later completed a placement with Motionhouse during their time at Northern School of Contemporary Dance. Professional credits include Motionhouse, Southpaw Dance Company, and performances for Burberry at London Fashion Week. Passionate about both performance and education, Mitchell has led and assisted classes for a wide age range. Dance continues to be a grounding and empowering force throughout their life and creative journey.

@mitchelldavis__



Hannah Woodlife

Hannah (she/her) is a UK-based freelance dance artist who has performed and collaborated nationally and internationally. Her recent credits include ACE Dance and Music, Motus Dance, Neoteric Dance Company, The Bowie Collective and Lanre Malaolu's award-winning film *The Conversation*. She has worked with choreographers including Douglas Thorpe, Jamaal Burkmar and Serge Aimé Coulibaly. Alongside performing, Hannah is passionate about teaching and leading community projects in partnership with organisations such as Strike A Light. Born in Basel and raised in Gloucestershire, she trained at Trinity Laban and Emergence Dance Company, graduating with First Class Honours and an MA in Dance Performance.

@hannahwoodliffe



Charlie Hogan

Charlie began dancing at 15 in London and trained on the Trinity Laban CAT Scheme in Contemporary and Ballet before studying at Northern School of Contemporary Dance. He graduated with a First Class BA (Hons), working with choreographers including Charlie Morrissey, Humanhood, and Alleyne Dance. In his third year, he apprenticed with Möbius Dance, touring Malaysia and Sardinia. In 2020, he joined Verve, performing works by Botis Seva, Lali Ayguadé, Mari Carrasco, and Douglas Thorpe. Charlie joined 2Faced Dance Company full-time in 2022, performing indoor and outdoor works, and recently began touring with Autin Dance Theatre's Parade – The Giant Wheel.

@charlie_hogan



Autin Dance Theatre, led by acclaimed choreographer Johnny Autin, is an award-winning Birmingham-based charity. ADT creates socially inclusive, multi-disciplinary performances blending storytelling, physicality, and large-scale designs. Known for productions like *Out of the Deep Blue* and *Parade - The Giant Wheel*, ADT engages communities in theatres and outdoor spaces. In 2025, it unveils *Up in the Sky*, an aerial dance exploring resilience and belonging.



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